

Over-the-Counter Medications and Medical Supplies

1) Over-the-Counter Medications NOW Reimbursable through the Health Care FSA**

<p>Acne medication (excluding cleansers and medicated soaps) Alcohol, peroxide Allergy medication (including Claritin) Antacids (such as Alka-Seltzer, Mylanta and Milk of Magnesia) Antibiotic ointments Anti-diarrhea medicines, laxatives Anti-itch and hydrocortisone creams Arthritis pain relieving creams Aspirin/Tylenol/Advil/Ibuprofen (pain relief medication) Athlete's foot treatment, such as nail and foot anti-fungal creams Bactine BenGay or similar products for muscle or joint pain Bug bite medication Calamine lotion Cold/flu remedies (tablets, syrups, drops and lozenges) Dentures & Adhesives Feminine care relating to treatment of vaginal infections</p>	<p>First aid cream and ointments Lice Treatment Aids Menstrual cycle pain and cramp relief medication Motion sickness aids Nicotine gum or patch for stop smoking purposes Pedialyte Prenatal Vitamins Sleep Aids Special diaper rash ointments Special ointment or cream for sunburn (not regular skin moisturizer) Suppositories and creams for hemorrhoids Tooth and mouth pain relief, such as Orajel, Anbesol Urinary pain relief Visine and other such eye products Wart removal treatments</p>
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2) Medical Supplies NOW Reimbursable through the Health Care FSA**

<p>Bandages Band-Aids Blood pressure monitor and related equipment Carpel tunnel wrist supports Cholesterol test equipment Cold/hot packs for injuries Condoms Contact lens cleaner solutions Eye patches First aid kits Gauze pads Glucose monitor and related equipment</p>	<p>Incontinence supplies (excluding infants) Liquid adhesive for small cuts Nasal strips Pregnancy test kits Reading glasses Rubbing alcohol Spermicidal foam Thermometers (ear or mouth) Vaporizers and humidifiers</p>
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3) Over-the-Counter Medications that may have a DUAL PURPOSE ** (i.e. have both a medical purpose and a personal/cosmetic or general health purpose) These over-the-counter drugs may only be reimbursed with a medical practitioner's note stating that the person has a specific medical condition, that the over-the-counter drug is required to treat the medical condition, and that the treatment is not cosmetic or being used to improve general well being.

<p>Dietary supplements* Nasal Spray Glucosamine / Chondroitin Herbs* Hormone therapy Lactose intolerant pills</p>	<p>Shoe inserts from athletic store St. John's Wart Sunscreen Vitamins* Weight loss drugs*</p> <p>*If taken to improve or maintain general health, the expense is not reimbursable.</p>
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4) Over-the-Counter Medications / Medical Supplies NOT Reimbursable through the Health Care FSA**

<p>Breast Pump Cosmetics Face creams, moisturizers Feminine hygiene products Medicated shampoo (except for treatment of lice) Medicated soaps (including Neutrogena) Medications purchased outside of the United States Moisturizing lip balm (e.g. Chapstick) Nail care One a day vitamins Rogaine (including any other product for hair growth) Personal hygiene products such as deodorant, soap, body powder and shaving cream</p>	<p>Shampoo and hair color Suntan lotion Teeth whitening products Toothpaste (including dental floss, mouthwashes, breath strips) Toothbrushes (even if prescribed to treat a medical condition) All sundries, toiletries not mentioned above</p> <p>if not legal in the US, not reimbursable.</p>
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****NOTE:** These lists are not all-inclusive. If you have any questions as to the eligibility of a medication or medical supply, please contact the BCC Flexible Benefits Department.

ACCEPTABLE DOCUMENTATION: For Over-the-Counter items we need a cash register receipt, which includes: 1. Name of the store or pharmacy, 2. Date of purchase, 3. Name of the item, and 4. Cost of the item (may include tax). Notes: The name of the recipient is not required on the cash register receipt, for Over-the-Counter items only. If the name of the product is not listed on the receipt, the expense may not be reimbursed.

CAUTION: The purchase of large quantities of an item may be denied reimbursement. The IRS has indicated that a reasonable quantity is an amount that can reasonably be used by an individual within a year.

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