

## ELIGIBLE HEALTH CARE EXPENSES FOR THE HEALTH CARE FLEXIBLE SPENDING ACCOUNT

### PRESCRIPTION DRUGS

- Prescription drugs, insulin
- Birth control drugs (prescribed)

### OVER-THE-COUNTER MEDICATIONS

- Antacids, allergy medications, aspirin, pain medication, cold remedies (see attached Over-the-Counter information)

### MEDICAL EQUIPMENT

- Wheelchair or autoeette (operating/maintaining)
- Crutches (purchased or rented)
- Special mattress & plywood boards prescribed to alleviate arthritis (amount over cost of ordinary mattress)
- Oxygen equipment & oxygen used to relieve breathing problems
- Artificial limbs
- Support hose (medically necessary)
- Wigs (for mental health of individual who loses hair because of disease)
- Excess cost of orthopedic shoes over cost of ordinary shoes

### FEES/SERVICES

- Copayments
- Deductible
- Physician's, Anesthesiologist's, Dermatologist's, & Gynecologist's fees
- Obstetrical, Hospital, Surgical & Diagnostic services
- Nursing services for care of a specific medical ailment
- Where the nurse's services qualify: cost of nurse's room/board if paid by the employee and the Social Security tax paid with respect to wages
- Services for chiropractors and osteopaths
- Christian Science practitioner fees

### PSYCHIATRIC CARE

- Services of psychotherapists, psychiatrists and psychologists
- Psychiatric therapy for sexual problems
- Long distance calls for psychiatric counseling conducted over the phone
- Legal fees directly related to mental commitment of mentally ill person

### DENTAL & ORTHODONTIC CARE

- Dental Care
- Artificial teeth/dentures
- Cost of fluoridation of home water supply advised by dentist
- Braces & orthodontic devices (contact BCC for details of specific documentation required)

### EXCLUSIONS

- Insurance premiums for other health coverage purchased
- Cosmetic, non-medically necessary services – includes teeth whitening
- Dietary supplements (if for general well-being)
- Rogaine
- Fees for athletic or health club membership
- Marriage counseling fees

### PHYSICALS

- Routine & preventive physicals
- School & work physicals

### THERAPY TREATMENTS

- X-Ray treatments
- Treatment for alcoholism or drug dependency
- Legal sterilization, abortion and vasectomy
- Acupuncture
- Chiropractor's fees
- Vaccinations
- Physical therapy (medical treatment)
- Fee to use swimming pool for exercises prescribed by a physician to alleviate specific medical condition
- Speech therapy
- Massage therapy if medically necessary doctor's (or chiropractor's) statement of medical necessity to treat a specified medical condition. Statement must also include duration of time of treatment

### HEARING EXPENSES

- Hearing aids
- Batteries for operation of hearing aids

### VISION CARE

- Optometrist's or ophthalmologist's fees
- Prescription eyeglasses
- Contact lens & solution
- Radial Keratotomy
- Laser Eye Surgery

### ASSISTANCE FOR THE HANDICAPPED

- Guide for blind person
- Note-taker for a deaf child in school
- Braille books & magazines in excess of cost of regular editions

### MISCELLANEOUS CHARGES

- X-Ray
- Donating an organ
- Computer storage of medical records
- Child birth preparation classes, except for portion for feeding and newborn care
- Cost of physician services for weight loss, if medically necessary to remedy a condition other than general well being.
- Stop smoking programs (including medications)
- **Services received outside of the U.S. that are medically necessary and legal in the U.S. (excluding medication)**

- Cost for weight loss program, drugs, or food when for general well being and not medically necessary
- Massage therapy for general well being and not medically necessary
- **Medication purchased outside of the U.S.**