CLASS TITLE: PUBLIC HEALTH NUTRITIONIST

BASIC FUNCTION:

Under the direction of the Health Program Manager, assist in the design, implementation, evaluation and promotion of community and public health nutritional programs; provide nutrition information, education and trainings to clients, Public Health department staff, local providers, community agencies and others; provide nutrition counseling to clients.

REPRESENTATIVE DUTIES:

ESSENTIAL DUTIES:
Assist in the design, implementation, evaluation and promotion of community and public health nutritional programs; provide advice and nutritional education and consultation to a variety of referred clients with conditions such as obesity, iron deficiency anemia, lead poisoning, chronic diseases, cardiovascular diseases, HIV/AIDS, underweight, failure to thrive and special child needs.

Provide nutrition counseling and follow-up sessions to clients referred by local health care providers; explain nutritional standards, practices and principles; provide nutritional program recommendations and prepare related documentation; confer with clients to evaluate and identify nutritional program needs; prepare and notify referring physicians of findings and care plans.

Plan, develop and implement educational sessions, presentations and trainings for County residents, professionals and organizations concerning a variety of nutrition-related topics such as prenatal education, infant and toddler nutrition, child and adolescent nutrition, weight management, cardiovascular and chronic disease prevention and management, healthy eating and physical activity.

Prepare and deliver oral presentations concerning nutrition; develop, design and update presentations and visual aids; disseminate and explain informational materials.

Serve as a technical resource concerning nutrition to personnel, outside agencies, professionals, media representatives and the public; respond to inquiries and provide technical information and expertise concerning related programs, services, issues, needs, standards, principles, practices, techniques and procedures.

Develop and recommend standards and procedures for nutrition services such as referral and follow-up for high-risk clients.

Review current literature and develop or select materials for use as nutritional references and informational materials in the areas of nutrition, physical activity, breastfeeding, chronic disease prevention and other health areas.

Collaborate with local agencies and coalitions to provide information concerning

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nutrition topics, physical activity and breastfeeding.

Compile, assemble and evaluate a variety of nutrition information, data and statistics; and prepare and maintain a variety of records, reports and files related to nutrition, programs, clients, sessions, trainings and assigned activities.

Maintain current knowledge of nutrition standards, issues, trends and theories; read professional journal articles, magazines, books and other related materials; attend various conferences and training.

Communicate with clients, personnel, outside agencies and the public to exchange information and resolve issues or concerns; prepare, distribute and respond to a variety of correspondence.

Operate a variety of standard office equipment including a computer and assigned software; drive a vehicle to conduct work.

Attend health fairs and community events to promote healthy eating and physical activity.

Perform annual Nutritional Health Evaluation of County detention facilities as directed.

OTHER DUTIES:
Perform related duties as assigned.

KNOWLEDGE AND ABILITIES:

KNOWLEDGE OF:
Principles, theories and practices of nutrition, food values, food combinations, economical substitutions and diet planning.
Principles, techniques and practices of preventive and therapeutic nutrition.
Current social and economic problems and issues related to public nutrition.
Community health organizations and resources.
Nutritional and dietary terminology, theories, principles, practices and techniques for individuals with special health needs.
Theories, issues and trends related to community nutrition programs and services.
Local, State and federal standards, guidelines and requirements governing assigned services.
Problems and concerns of individuals with special nutritional needs.
Policies and objectives of assigned programs and activities.
Oral and written communication skills.
Interpersonal skills using tact, patience and courtesy.
Public speaking techniques.
Health and safety regulations.

ABILITY TO:
Assist in the design, implementation, evaluation and promotion of community and public health nutritional programs.

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Provide nutrition counseling and follow-up sessions to clients referred by local health care providers.
Plan, develop and implement nutrition education sessions, presentations and trainings.
Provide advice and nutritional education and consultation to a variety of referred clients with conditions such as obesity, iron deficiency anemia, lead poisoning, chronic diseases, cardiovascular diseases, HIV/AIDS, underweight, failure to thrive and special child needs.
Prepare and deliver oral presentations concerning nutrition.
Serve as a technical resource concerning nutrition and related programs, services, issues, needs, standards, principles, practices, techniques and procedures.
Confer with clients to evaluate and identify nutritional needs.
Communicate effectively both orally and in writing.
Interpret, apply and explain rules, regulations, policies and procedures.
Establish and maintain cooperative and effective working relationships with others.
Operate a computer and assigned office equipment.
Analyze situations accurately and adopt an effective course of action.
Meet schedules and time lines.
Work independently with little direction.
Plan and organize work.
Prepare and maintain various records, reports and files.

EDUCATION AND EXPERIENCE:

Any combination equivalent to: bachelor’s degree in nutrition, dietetics or related field from a school accredited by the American Dietetic Association.

LICENSES AND OTHER REQUIREMENTS:

Valid Certificate of Registration issued by the Commission on Dietetic Registration.
Valid California driver’s license.

WORKING CONDITIONS:

ENVIRONMENT:
Indoor work environment.
Driving a vehicle to conduct work.

PHYSICAL DEMANDS:
Dexterity of hands and fingers to operate office equipment.
Seeing to read a variety of materials.
Hearing and speaking to exchange information and make presentations.
Sitting or standing for extended periods of time.

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